

A CARING PATH TO BETTER MENTAL HEALTH

PATHWAYS ANNUAL REPORT 2014



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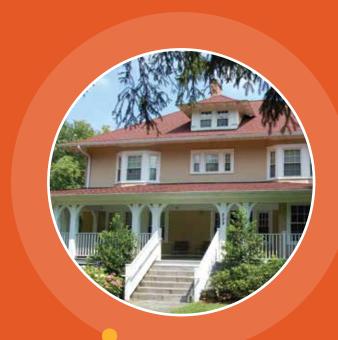
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OUR MISSION



PATHWAYS MISSION STATEMENT

To establish and maintain programs to help rehabilitate those people with mental illness who are trying to reenter the community: to provide and maintain safe, affordable housing, a community center and a case management program for such people which provide assistance programs to help them achieve greater independence in their daily lives.

DEAR FRIENDS AND SUPPORTERS OF PATHWAYS.

Helen Keller, a much admired and inspirational woman once said. "Alone we can do so little but together we can do so much." This is how we feel about Pathways and your continued generosity to our mission! You have enabled us to continue our work through much-appreciated donations and volunteering which enriches and brightens the lives of our clients every day.

One very bright spot in 2014 was the start of our renovation at one of our homes at 258 Davis Ave. If all goes as planned, we are hoping to move our 8 clients into their brand-new renovated home in August, 2015. This home will be completely updated with fresh new bathrooms, kitchen, bedrooms, plumbing, heating ... everything! This renovation was only made possible by your generosity plus a no-interest loan from the CT Department of Housing and funds from the Greenwich Community Block Grant.

We are also excited about our changes to our overall daytime programming. We have implemented an educational/enrichment program thanks to a grant from Greenwich Dept. of Social Services, the Tudor Foundation and our wonderful volunteer, Liz Menten. Our clients now can experience an individualized and eclectic program which begins with a survey which asks about their interests in education and enrichment. An educational program is tailored to their individual needs for growth and future enrichment, possibly including employment or higher learning. For example, one of our clients who became very ill with mental illness in high school has always wanted to receive her high school diploma. Liz found a wonderful tutor, Sister Anne Landry, who is helping to refresh and prepare the client for her GFD exam.

We continue to increase our case management services through our accreditation with the mental health waiver called WISE. This waiver provides additional funding for resources which will enable our aging clients to remain in their homes. Pathways involvement in this program will continue to grow over the coming years because our population continues to age. Currently, over 50% of our clients are over 50 years of age with 15% being over 65.

Our agency is so enormously grateful to our Greenwich community for all that they do for Pathways. Our volunteer base continues to grow year after year from our terrific college summer interns, new work-service jobs from the Boys and Girls Club to our weekly poetry volunteer, Marianne Bowman, who stimulates discussion and awareness in clients through this calming and serene medium. And, our great collaboration continues with the Greenwich YMCA, ROAR pet therapy, Garden Club of Old Greenwich, Greenwich Garden Education Center, St. Michael's Women's Association and so many more.

We are truly grateful to each and every one of you for helping us throughout the year. Our board of directors, staff and clients thank you for your constant support.

Florence M. Griffin, MBA, LCSW Executive Director



[®]ALONE WE CAN DO SO LITTLE BUT **TOGETHER** WE CAN DO SO MUCH®

NEW PATHWAYS BOARD MEMBERS



KYLIE AND EVAN BURCHELL

Kylie Burchell is a lifelong Greenwich resident. She is married to Evan Burchell and they have three children. Kylie works at Mountain Financial Services, which is located in Greenwich. She has been with the company for over 12 years helping people consolidate and organize their financial lives. Kylie is very involved in her children's schools, volunteering as needed.

Evan Burchell was born and raised in Long Island, NY. He then moved to and has lived in Greenwich for the past 10 years. He is married to Kylie Wernert Burchell and together they have 3 children ages 6, 4, and 2. He works as Director of Business Development for Wernert Construction based in Cos Cob. Between work and family, Evan has a very full schedule. He is very excited to participate in Pathways.



JEREMY BAROWSKY. MD

Jeremy Barowsky is a psychiatrist and the Medical Director at the Addiction Recovery Center at Greenwich Hospital. He holds his medical degree from SUNY Upstate Medical University and received his residency training at Harvard Longwood Psychiatry Training Program. He currently teaches medical residents at Greenwich Hospital and New York Medical College. Jeremy and his wife live in Greenwich with their 2 young children.



JEN DANZI

Jen Danzi is a native of Greenwich, CT and is very active in the local community. She is a member of the board of directors of Pathways, The Transportation Association of Greenwich and the Greenwich Chamber of Commerce. Additionally, she serves on numerous event committees including: Greenwich Hospital's Great Chefs and Under the Star, Greenwich Point Conservancy's Beach Ball, American Red Cross Red & White Ball, YWCA Old Bags Luncheon and Persimmons Ball amongst others.

Jen owns her own marketing and promotions company, Jen Danzi, LLC, and is a licensed real estate agent with Coldwell Banker of Greenwich. She was the campaign manager for a winning NY State Senator and was the events manager at the New York Stock Exchange. Jen lives in Greenwich with her husband and young daughter.



SUSAN STERNBERG

Susan Sternberg has lived in Greenwich for the past 22 years with her husband David and their two children. Susan worked as a real estate attorney in New York City before moving to Greenwich. She now works at the YWCA of Greenwich as a certified fitness instructor. She has also served as a volunteer for the GHS Scholarship Assoc., Families of Greenwich Hospital Advisory Board and the North Street School PTA.



rigid is a 50 year-old woman who grew up in Fairfield, CT and graduated from Sacred Heart University. She lived with her family and worked at GEICO insurance for many years. She came to Pathways about 5 years ago after struggling with issues related to her mental illness. Brigid has made great strides at Pathways. She volunteers each week at the YMCA doing filing of new applications and other general administrative office work. Brigid has said, "It is so nice at the YMCA and they give me a quiet place to work. I file and organize things ... I love giving back to the Y for the free scholarship which they give to

me." Brigid has also lost 40 pounds since coming to Pathways. Brigid said that healthier eating and exercise has helped her to lose weight. She walks all around town and said, "I love living in Greenwich ... It is so beautiful." Brigid works in the Pathways kitchen weekly, making lunches. Brigid is also very engaged with many activities at Pathways. She is an active participant in the yoga classes and enjoys the outside activities such as bowling and miniature golf. Brigid says, "Pathways is my home now. I feel very lucky to be here with all these wonderful people."

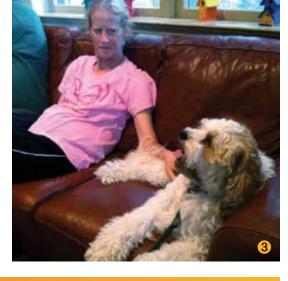
CLIENT STORIES...

ranco is one of Pathways' unsung heroes. Despite the mental illness which Franco must deal with on a daily basis, he has worked at Stop and Shop in town for over 7 years. He opens the store most mornings at 7am. He takes the 6:30am bus to work. Franco prepares salads, rotisserie chicken, and sandwiches at his job as well as waiting on customers, who all speak so highly of him. Franco will walk 2 miles home from his job and often stops at the YMCA for a workout. He has lived at Pathways for 8 years, growing in independence every year and has moved from the highest level of care residence to independence. His family lives in Stamford and he visits them often. Franco says, "Pathways is a big help... it puts a nice roof over my head which is safe and warm. I don't want to live with my parents. Here I have someone to speak with if I am confused or feeling badly. I have changed for the better by living here."









COMMUNITY VOLUNTEERS AT PATHWAYS















WE HAVE WONDERFUL VOLUNTEERS WHO HELP OUR CLIENTS FOR WHICH WE ARE VERY GRATEFUL.

- Garden Club of Old Greenwich has come to Pathways regularly for over 20 years! They bring holiday flower activities to our clients such as decorating Easter eggs, planting bulbs in the front of our facility or creating a small Christmas tree.
- The Cotton Club hosts a pizza and chat party for our clients every year.
- ROAR pet therapy brings therapy dogs to Pathways weekly. The clients love the tenderness which they receive from these wonderful animals
- Christmas can be a lonely time for our clients, remembering families which they may no longer see. St. Michaels Women's Assoc. hosts a giving tree each Christmas delivering gifts from their parishioners right before the holiday to be put under the tree. A Christmas dinner is also hosted and served by board volunteers.

- Our student summer intern, Grace Austin, was from Vanderbilt University. She worked with clients on various activities and was loved by one and all!
- Over 20 clients a year participate in the fitness facilities free of charge thanks to the generosity of the YMCA of Greenwich!
- Liz Menten is our tireless weekly volunteer who helps out with our "happiness project." She interviews clients and taps into their interests, whether it be to go back to finish a college degree or learn to play the guitar. She follows through with finding tutors, specialized mindfulness software, organizations... anything to help clients achieve their goals.
- O Chicken Joes has been so generous to us by providing holiday meals for 30 to 35 people both at our residences and day program at a very reduced rate. They also bring "extras" when available of their delicious food. It is enjoyed by all, especially clients living in the community who may not have a good hot
- Yoga classes are held weekly facilitated by Brooke DeWeaver and Lexi Stauffer. The clients learn relaxation techniques t ease their stress in a gentle and caring environment. Brooke and Lexi are caring and dedicate their time each week at no charge to help our clients.
- Twelve clients attend Camp Connri for one week in the summer thanks to generous donations and a subsidy program offered by the camp.











PATHWAYS IS GRATEFUL TO THE MANY SUPPORTERS WHO MAKE IT POSSIBLE FOR THE ORGANIZATION TO CONTINUE IT'S MISSION

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Please know that we really want this list to be complete. If we inadvertently left your name or organization off this list, or have a misspelling please call Debbie at Pathways, 203-869-5656.

THANK YOU TO...









Our renovation of the property at 258 Davis Avenue began in Dec, 2014 and is expected to be complete in August, 2015. Demolition of the entire inside is almost complete. It will provide eight clients with a brand new home including all up-to-date plumbing, electric and other features. We received funding for this project from the CT Dept. of Housing, Greenwich Community Block Grant and our many wonderful donors.









2014 BENEFIT

2014 Pathways benefit was held on September 27, 2014 at the Greenwich Country Club with over 200 people in attendance.

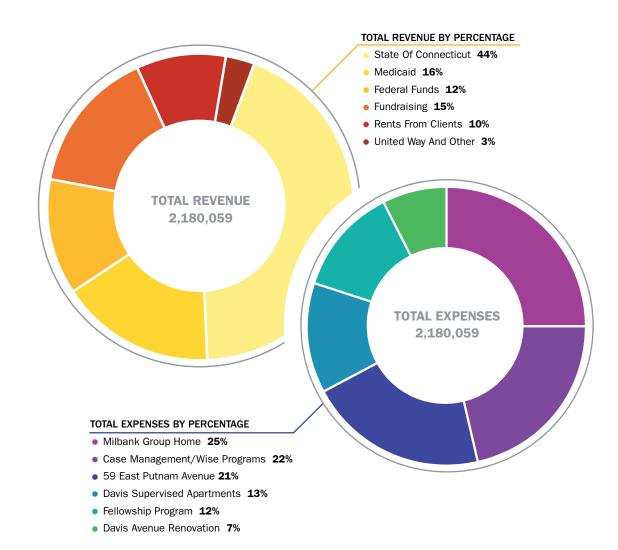




FINANCIAL HIGHLIGHTS For the fiscal year ending December 31, 2014

REVENUE	
State Of Connecticut	953,703
Medicaid	355,771
Federal Funds	264,988
Fundraising	332,389
Rents From Clients	209,719
United Way And Other	63,489
TOTAL REVENUE	2,180,059

EXPENSE	
Milbank Group Home	546,955
Case Management/Wise Programs	468,561
509 East Putnam Avenue	449,885
Davis Supervised Apartments	282,007
Fellowship Program	271,678
Davis Avenue Renovation	160,973
TOTAL EXPENSE	2,180,059







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