

Let's talk...

...to people who get it.



Support Group

Tuesdays 7 pm to 8:30 pm

in the Community Room at 50 Brookside Drive

**Our group is for people who live with
chronic mental health issues and may
have heightened or unusual experiences
as a result...**

...which is everyone, really.

What you say here, stays here. No charts. No notes.

You are not alone. Come see what we're all about.

for more information contact Melissa at mthomas@pways.org
or 203-442-5117