

Pathways, Inc.

Pathways Volunteer Description

Position Title: Nutritionist

Hours:

Reports to: Program Director

General Description: We are looking for a licensed nutritionist to provide our clients with comprehensive advice on matters of well-being. Use of expert knowledge of nutrition and food to help clients make better healthy food choices.

Specific Responsibilities:

- Evaluate the dietary needs of a client by assessing their health and exercise levels, sleep and food habits etc.
- Clarify information to clients and explain the effects of nutrients on overall health condition.
- Offer counseling and suggest positive alterations in nutrition to address clients' dietary restrictions.
- Create full and personalized nutrition plans that promote healthy lifestyles.
- Set clear objectives and provide support to clients to help them in their progress.

Desirable Knowledge, Skills and Abilities

- Some knowledge of basic principles of human development and psychopathology.
- Basic understanding of empathy for the needs of individuals with mental illness
- Some knowledge of basic first aid, crisis intervention, and emergency action principles.
- Computer skills: knowledge of Microsoft Word, internet, cloud-based applications and tablet based applications.
- Ability to maintain strict confidentiality of information.

Qualifications:

- Thorough understanding of biochemistry and human physiology.
- Good understanding of research methods and data analysis.
- Excellent communication and interpersonal skills.
- Creativity and critical thinking.
- Degree in nutritional science, dietetics or relevant field.
- Valid driver's license, auto insurance and use of car during volunteer hours.

Job Type: Volunteer

Experience:

- Computer Skills: 1 year (Preferred)
- Microsoft Office: 1 year (Preferred)

Education:

Bachelor's (Preferred)

Equal Opportunity Employer

Pathways is an equal opportunity employer, dedicated to a policy of non-discrimination in employment on any basis including age, disability, race, religion, national origin, gender identity or expression, sexual orientation, marital status, veteran status, the presence of a non-job related handicap, or any other legally protected status.